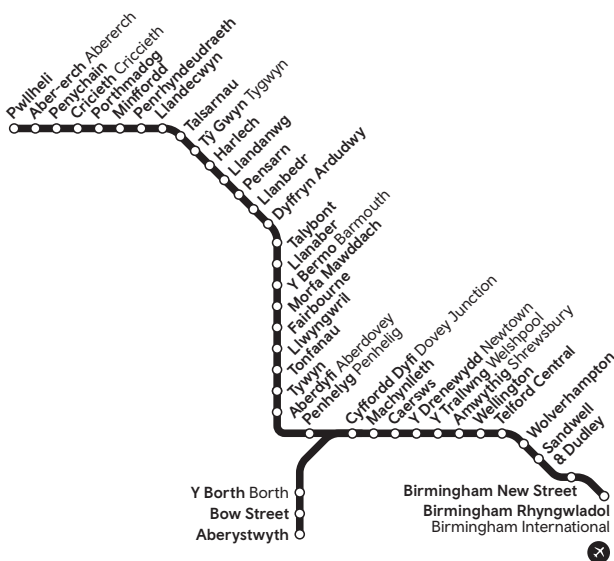


# Amserau Trenau | Train Times

21 Mai - 9 Medi 2023 | 21 May - 9 September 2023

**Birmingham - Amwythig -  
Aberystwyth - Pwllheli**  
Birmingham - Shrewsbury -  
Aberystwyth - Pwllheli



Canllaw yn unig yw'r llyfrynnau amserlenni. Dyw newidiadau oherwydd gwaith peiranyddol neu darfu anisgwylledig ar y diwrnod ddim wedi'u cynnwys. Mae gwasanaethau'n gallu newid felly gwnewch eich gwaith cartref cyn teithio, ewch i [trc.cymru](https://trc.cymru)

Timetable booklets are provided as a guide only. Changes due to engineering works or on-the-day unplanned disruption are not included. Services are subject to change, check before you travel, visit [tfw.wales](https://tfw.wales)



TTB01a\_DLB\_V2\_05/23



**TRAFNIDIAETH CYMRU**  
TRANSPORT FOR WALES

# Paid â chael dy ddal!

# Don't get caught red-handed!



Mae Arolygwyr Diogelu Refeniw yn patrolio ein rhwydwaith yn rheolaidd yn gwirio ticedi.

Mae'n rhaid i chi brynu tocyn dilys ar gyfer eich taith cyn mynd ar y trê - dyna'r gyfraith.\*

Os nad ydych yn gwneud hynny, gallech chi gael eich erlyn a chael hyd at **£1000** o ddirwy.

Revenue Protection Inspectors are regularly patrolling our network checking tickets.

You must buy a valid ticket for your journey before getting on the train - it's the law.\*

If you don't, you risk prosecution and fines of up to **£1000**.

\* Amodau Teithio National Rail ac Is-ddeddfau Rheilffyrdd 2005

\*National Rail Conditions of Travel and Railway Byelaws 2005



	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Llundain Euston / London Euston									0616	
Birmingham Rhyngwladol / Birmingham International									0808	
Birmingham New Street							0622		0822	
Sandwell & Dudley							0630		0830	
Wolverhampton							0642		0841	
Telford Canolog / Telford Central							0659		0858	
Wellington							0707		0905	
Amwythig / Shrewsbury							0722		0920	
Amwythig / Shrewsbury						0624	0727		0930	
Y Trallwng / Welshpool						0646	0749		0952	
Y Drenewydd / Newtown						0701	0804		1007	
Caersws						0708	0811		1014	
Machynlleth						0742	0843		1045	
Machynlleth	0450	0507	0541	0643	0647	0747	0848	0852	1050	1055
Cyff Dyfi / Dovey Junction	0456	0513	0549	0649	0655	0755	0855	0858	1056	1101
Borth	0506		0559		0705	0805	0905		1106	
Bow Street	0512		0605		0711	0811	0911		1112	
Aberystwyth	0522		0615		0721	0822	0921		1121	
Aberystwyth Traws	0540		0640		0740	0840	0940		1140	
Caerfyrddin / Carmarthen Traws	0748		0848		0948	1048	1148		1348	
Penhelig		0522x		0658x				0907x		1110x
Aberdyfi / Aberdovey		0526		0702				0911		1114
Tywyn		0534		0714				0929		1130
Tonfanau		0538x		0717x				0933x		1133x
Llwyngwriil		0544x		0724x				0939x		1140x
Fairbourne		0553		0732				0948		1149
Morfa Mawddach		0554x		0734x				0949x		1150x
Y Bermo / Barmouth				0747				1001		1201
Llanaber				0751x				1005x		1205x
Talybont				0754x				1008x		1208x
Dyffryn Ardudwy				0757x				1011x		1211x
Llanbedr				0802x				1016x		1216x
Pensarn				0803x				1017x		1217x
Llandanwg				0806x				1020x		1220x
Harlech				0825				1026		1226
Tyngwyn				0830x				1031x		1231x
Talsarnau				0831x				1032x		1232x
Llandecwyn				0834x				1035x		1235x
Penrhyndeudraeth				0838				1039		1239
Minffordd am\for Portmeirion				0841				1042		1242
Porthmadog				0850				1051		1251
Criccieth				0857				1058		1258
Penychain				0903x				1104x		1304x
Abererch				0907x				1108x		1308x
Pwllheli				0912				1113		1313

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.  
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		TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇
Llundain Euston / London Euston	d		0840		1040		1240		1440	
Birmingham Rhyngwladol / Birmingham International	d		1008		1208		1408		1607	
Birmingham New Street	d		1022		1222		1422		1622	
Sandwell & Dudley	d		1030		1230		1430		1630	
Wolverhampton	d		1041		1241		1441		1641	
Telford Canolog / Telford Central	d		1058		1259		1459		1659	
Wellington	d		1106		1307		1507		1707	
Amwythig / Shrewsbury	a		1120		1321		1521		1722	
Amwythig / Shrewsbury	d	1029	1127		1328		1528		1730	
Y Trallwng / Welshpool	d	1051	1149		1351		1552		1752	
Y Drenewydd / Newtown	d	1106	1204		1406		1607		1807	
Caerws	d	1113	1211		1413		1614		1814	
Machynlleth	a	1141	1242		1444		1645		1843	
Machynlleth	d	1142	1247	1251	1449	1456	1650	1655	1801	1849
Cyff Dyfi / Dovey Junction	d	1154	1255	1257	1455	1502	1656	1701	1857	1910
Borth	d	1204	1305		1505		1706		1907	
Bow Street	d	1210	1311		1511		1712		1913	
Aberystwyth	a	1220	1322		1521		1721		1827	1921
Aberystwyth Traws	a	1240	1340		1540				1840	
Caerfyrddin / Carmarthen Traws	a	1448	1548		1748				2048	
Penhelig	d			1306x		1511x		1710x		1919x
Aberdyfi / Aberdovey	d			1310		1515		1714		1923
Tywyn	d			1325		1526		1729		1933
Tonfanau	d			1329x		1530x		1732x		1936x
Llwyngwrlil	d			1335x		1536x		1739x		1943x
Fairbourne	d			1344		1545		1747		1951
Morfa Mawddach	d			1345x		1546x		1749x		1953x
Y Bermo / Barmouth	d			1357		1558		1800		2004
Llanaber	d			1401x		1602x		1804x		2008x
Talybont	d			1404x		1605x		1807x		2012x
Dyffryn Ardudwy	d			1407x		1608x		1810x		2015x
Llanbedr	d			1412x		1613x		1815x		2020x
Pensarn	d			1413x		1614x		1816x		2021x
Llandanwg	d			1416x		1617x		1819x		2024x
Harlech	d			1431		1628		1833		2030
Tygwyn	d			1436x		1632x		1837x		2035x
Talsarnau	d			1437x		1633x		1838x		2036x
Llandecwyn	d			1440x		1636x		1841x		2039x
Penrhyndeudraeth	d			1444		1640		1845		2043
Minffordd am\for Portmeirion	d			1447		1644		1849		2047
Porthmadog	d			1456		1652		1857		2055
Criccieth	d			1503		1700		1904		2103
Penychain	d			1509x		1705x		1911x		2108x
Abererch	d			1513x		1709x		1914x		2112x
Pwllheli	a			1519		1717		1920		2118

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	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇				
Llundain Euston / London Euston	d	1640			1840				
Birmingham Rhyngwladol / Birmingham International	d	1808			2008				
Birmingham New Street	d	1822			2022				
Sandwell & Dudley	d	1830			2030				
Wolverhampton	d	1841			2041				
Telford Canolog / Telford Central	d	1900			2059				
Wellington	d	1908			2107				
Amwythig / Shrewsbury	a	1922			2121				
Amwythig / Shrewsbury	d	1831	1930		2032	2151			
Y Trallwng / Welshpool	d	1853	1952		2054	2213			
Y Drenewydd / Newtown	d	1908	2007		2109	2228			
Caersws	d	1915	2014		2117	2235			
Machynlleth	a	1946	2048		2143	2303			
Machynlleth	d	1947	2049	2147	2150	2306			
Cyff Dyfi / Dovey Junction	d	1955	2057	2153	2158	2312			
Borth	d	2005	2107		2208	2322			
Bow Street	d	2011	2113		2214	2328			
Aberystwyth	a	2020	2122		2222	2336			
Aberystwyth Traws	d	2040							
Caerfyrddin / Carmarthen Traws	a	2223							
Penhelig	d			2202x					
Aberdyfi / Aberdovey	d			2206					
Tywyn	d			2217					
Tonfanau	d			2221x					
Llwyngwriil	d			2227x					
Fairbourne	d			2236					
Morfa Mawddach	d			2237x					
Y Bermo / Barmouth	d			2248					
Llanaber	d			2253x					
Talybont	d			2256x					
Dyffryn Ardudwy	d			2258x					
Llanbedr	d			2303x					
Pensarn	d			2304x					
Llandanwg	d			2307x					
Harlech	d			2314					
Tywyn	d			2319x					
Talsarnau	d			2320x					
Llandecwyn	d			2323x					
Penrhyndeudraeth	d			2327					
Minffordd am\for Portmeirion	d			2331					
Porthmadog	d			2339					
Criccieth	d			2347					
Penychain	d			2352x					
Abererch	d			2356x					
Pwllheli	a			0001					

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	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇
Pwllheli	d				0629		0724		0934	
Abererch	d				0633x		0728x		0938x	
Penychain	d				0636x		073 1x		094 1x	
Criccieth	d				0643		0738		0948	
Porthmadog	d				0653		0747		0957	
Minffordd am\for Portmeirion	d				0657		0752		100 1	
Penrhyndeudraeth	d				070 1		0756		1005	
Llandecwyn	d				0703x		0758x		1007x	
Talsarnau	d				0705x		0800x		1009x	
Tygwyn	d				0709x		0804x		10 13x	
Harlech	d				07 17		082 1		1029	
Llandanwg	d				0723x		0826x		1035x	
Pensarn	d				0724x		0828x		1036x	
Llanbedr	d				0728x		083 1x		1040x	
Dyffryn Ardudwy	d				073 1x		0834x		1043x	
Talybont	d				0734x		0837x		1046x	
Llanaber	d				0739x		0843x		105 1x	
Y Bermo / Barmouth	d		0645		0749		0852		1059	
Morfa Mawddach	d		0649x		0753x		0856x		1103x	
Fairbourne	d		0653		0757		0900		1107	
Llwyngwril	d		0659x		0804x		0906x		1114x	
Tonfanau	d		0706x		08 11x		09 13x		112 1x	
Tywyn	d		07 14		08 17		0927		1130	
Aberdyfi / Aberdovey	d		0720		0823		0933		1136	
Penhelig	d		0723x		0825x		0935x		1138x	
Caerfyrddin / Carmarthen Traws	d			0534		0609		0709		0909
Aberystwyth Traws	a			0720		0820		0920		1120
Aberystwyth	d	0523	0629		0728		0829		0929	1128
Bow Street	d	0531	0637		0736		0837		0937	1136
Borth	d	0538	0644		0743		0844		0944	1143
Cyff Dyfi / Dovey Junction	d	0548	0654	0736	0753	0838	0858	0948	0954	1150 1153
Machynlleth	a	0556	0702	0743	0801	0846	0906	0955	1002	1158 1202
Machynlleth	d	0558	0705		0805		0906		1008	1205
Caersws	d	0624	0732		0832		0933		1035	1232
Y Drenewydd / Newtown	d	0631	0739		0839		0940		1042	1239
Y Trallwng / Welshpool	d	0646	0754		0854		0955		1056	1254
Amwythig / Shrewsbury	a	0709	08 19		09 18		1020		11 19	13 16
Amwythig / Shrewsbury	d	0730			0930				1130	1330
Wellington	d	0744			0944				1144	1344
Telford Canolog / Telford Central	d	075 1			095 1				115 1	135 1
Wolverhampton	d	08 11			10 11				1209	14 11
Sandwell & Dudley	a	0820			1020				12 18	1420
Birmingham New Street	a	0832			1032				1232	1432
Birmingham Rhyngwladol / Birmingham International	a	0852			1052				1252	1452
Llundain Euston / London Euston	a	1006			1207				1406	1606

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		TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇
Pwllheli	d		1137		1338		1537		1742	
Abererch	d		114 1x		1342x		154 1x		1746x	
Penychain	d		1144x		1345x		1544x		1749x	
Criccieth	d		115 1		1352		155 1		1756	
Porthmadog	d		120 1		1402		160 1		1806	
Minffordd am\for Portmeirion	d		1205		1406		1605		18 10	
Penrhyndeudraeth	d		1209		14 10		1609		18 14	
Llandecwyn	d		12 11x		14 12x		16 1 1x		18 16x	
Talsarnau	d		12 13x		14 14x		16 13x		18 18x	
Tygwyn	d		12 17x		14 18x		16 17x		1822x	
Harlech	d		1228		1428		1629		1830	
Llandanwg	d		1234x		1434x		1635x		1836x	
Pensarn	d		1235x		1435x		1636x		1837x	
Llanbedr	d		1239x		1439x		1640x		184 1x	
Dyffryn Ardudwy	d		1242x		1442x		1643x		1844x	
Talybont	d		1245x		1445x		1646x		1847x	
Llanaber	d		1250x		1450x		165 1x		1852x	
Y Bermo / Barmouth	d		1255		1455		1656		1857	
Morfa Mawddach	d		1259x		1459x		1700x		190 1x	
Fairbourne	d		1303		1503		1704		1905	
Llwyngwril	d		1309x		1509x		17 10x		19 12x	
Tonfanau	d		13 16x		15 16x		17 17x		19 19x	
Tywyn	d		1325		1526		1727		1934	
Aberdyfi / Aberdovey	d		133 1		1532		1733		1940	
Penhelig	d		1333x		1535x		1735x		1943x	
Caerfyrddin / Carmarthen Traws	d	1009		1109		1309		1509	1609	1709
Aberystwyth Traws	a	1220		1320		1520		1720	1820	1920
Aberystwyth	d	1229		1329		1529		1727	183 1	1929
Bow Street	d	1237		1337		1537		1735	1839	1937
Borth	d	1244		1344		1544		1742	1846	1944
Cyff Dyfi / Dovey Junction	d	1257	1346	1354	1547	1554	1748	1752	1856	1956
Machynlleth	a	1305	1352	1402	1555	1602	1756	1800	1905	2004
Machynlleth	d	1306		1407		1608		1805	1909	20 11
Caersws	d	1333		1434		1635		1834	1936	2038
Y Drenewydd / Newtown	d	1340		144 1		1642		184 1	1943	2045
Y Trallwng / Welshpool	d	1354		1455		1656		1856	1957	2 100
Amwythig / Shrewsbury	a	14 18		15 18		1720		1920	2020	2 125
Amwythig / Shrewsbury	d			1530		1730		1930		2 130
Wellington	d			1544		1744		1944		2 144
Telford Canolog / Telford Central	d			155 1		175 1		195 1		2 15 1
Wolverhampton	d			16 11		18 11		20 11		22 12
Sandwell & Dudley	a			1620		1820		2020		222 1
Birmingham New Street	a			1632		1832		203 1		2235
Birmingham Rhyngwladol / Birmingham International	a			1653		1852		2052		2252
Llundain Euston / London Euston	a			1806		2006				0 117

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.  
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	TfW	TfW	TfW ◇	TfW	TfW					
Pwllheli	d		2026							
Abererch	d		2030x							
Penychain	d		2033x							
Criccieth	d		2040							
Porthmadog	d		2056							
Minffordd am\for Portmeirion	d		2 100							
Penrhyndeudraeth	d		2 104							
Llandecwyn	d		2 106x							
Talsarnau	d		2 108x							
Tygwyn	d		2 112x							
Harlech	d		2 119							
Llandanwg	d		2 125x							
Pensarn	d		2 126x							
Llanbedr	d		2 130x							
Dyffryn Ardudwy	d		2 133x							
Talybont	d		2 136x							
Llanaber	d		2 142x							
Y Bermo / Barmouth	d		2 146							
Morfa Mawddach	d		2 150x							
Fairbourne	d		2 154							
Llwyngwril	d		220 1x							
Tonfanau	d		2208x							
Tywyn	d		22 17							
Aberdyfi / Aberdovey	d		2223							
Penhelig	d		2225x							
Caerfyrddin / Carmarthen Traws	d	1809	1909							
Aberystwyth Traws	a	2020	2 120							
Aberystwyth	d	2029	2 129		2229	2339				
Bow Street	d	2037	2 137		2237	2347				
Borth	d	2044	2 144		2244	2354				
Cyff Dyfi / Dovey Junction	d	2058	2 156	2238	2254	0004				
Machynlleth	a	2 107	2205	2245	2303	00 13				
Machynlleth	d									
Caersws	d									
Y Drenewydd / Newtown	d									
Y Trallwng / Welshpool	d									
Amwythig / Shrewsbury	a									
Amwythig / Shrewsbury	d									
Wellington	d									
Telford Canolog / Telford Central	d									
Wolverhampton	d									
Sandwell & Dudley	a									
Birmingham New Street	a									
Birmingham Rhyngwladol / Birmingham International	a									
Llundain Euston / London Euston	a									

Mae'n bosibl na fydd tocynnau Off-Peak Day yn ddilys i deithio rhwng 0430 a 0930 ac ar gyfer teithiau sy'n cychwyn rhwng 1600 a 1829 Llun-Gwener. Dylech wirio am unrhyw gyfyngiadau cyn teithio.  
Off-Peak Day tickets may not be valid for travel between 0430 and 0930 and for journeys starting between 1600 and 1829 Mon-Fri.  
Please check restrictions before travel.

Gall gwaith i wella rheilffyrdd effeithio ar deithiau ar ddiwrnodau'r wythnos cyn 0630 neu ar ôl 2100. Cyn teithio, ewch i [www.trc.cymru](http://www.trc.cymru) neu ffoniwch 03457 48 49 50.

Rail improvement work can affect journeys on weekdays before 0630 or after 2100 hours and on weekends. Before travelling, visit [www.tfw.wales](http://www.tfw.wales) or call 03457 48 49 50.



	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Llundain Euston / London Euston										0616
Birmingham Rhyngwladol / Birmingham International										0808
Birmingham New Street								0622		0822
Sandwell & Dudley								0630		0830
Wolverhampton								0641		0841
Telford Canolog / Telford Central								0659		0859
Wellington								0707		0907
Amwythig / Shrewsbury								0721		0922
Amwythig / Shrewsbury						0625	0727			0930
Y Trallwng / Welshpool						0647	0752			0952
Y Drenewydd / Newtown						0702	0807			1007
Caersws						0709	0814			1014
Machynlleth						0742	0845			1045
Machynlleth	0450	0509	0547	0643	0647	0746	0849	0853	1050	1055
Cyff Dyfi / Dovey Junction	0456	0515	0555	0649	0655	0755	0856	0859	1056	1101
Borth	0506		0605		0705	0805	0906		1106	
Bow Street	0512		0611		0711	0811	0912		1112	
Aberystwyth	0521		0621		0721	0820	0921		1121	
Aberystwyth Traws	0540		0640		0740	0840	0940		1140	
Caerfyrddin / Carmarthen Traws	0748		0848		0948	1048	1148		1348	
Penhelig		0524x		0658x				0908x		1110x
Aberdyfi / Aberdovey		0528		0702				0912		1114
Tywyn		0536		0714				0929		1130
Tonfanau		0540x		0717x				0933x		1133x
Llwyngwriil		0546x		0724x				0939x		1140x
Fairbourne		0555		0732				0948		1148
Morfa Mawddach		0556x		0734x				0949x		1150x
Y Bermo / Barmouth				0747				1001		1201
Llanaber				0751x				1005x		1205x
Talybont				0754x				1008x		1208x
Dyffryn Ardudwy				0757x				1011x		1211x
Llanbedr				0802x				1016x		1216x
Pensarn				0803x				1017x		1217x
Llandanwg				0806x				1020x		1220x
Harlech				0825				1026		1227
Tygwyn				0830x				1031x		1232x
Talsarnau				0831x				1032x		1233x
Llandecwyn				0834x				1035x		1236x
Penrhyndeudraeth				0838				1039		1240
Minffordd am\for Portmeirion				0841				1042		1243
Porthmadog				0850				1051		1252
Criccieth				0857				1058		1259
Penychain				0903x				1104x		1305x
Abererch				0907x				1108x		1309x
Pwllheli				0912				1113		1314

	TfW ◇	TfW R	TfW ◇	TfW R	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇
Llundain Euston / London Euston <b>15</b> ⇄		0756		1040		1240			1440	
Birmingham Rhyngwladol / Birmingham International →	d	1008		1208		1408			1608	
Birmingham New Street <b>12</b>	d	1022		1222		1422			1622	
Sandwell & Dudley	d	1030		1230		1430			1630	
Wolverhampton <b>7</b>	d	1041		1241		1441			1641	
Telford Canolog / Telford Central	d	1058		1259		1459			1659	
Wellington	d	1106		1307		1507			1707	
Amwythig / Shrewsbury	a	1120		1321		1521			1723	
Amwythig / Shrewsbury	d	1029	1129	1329		1530			1727	
Y Trallwng / Welshpool	d	1051	1151	1351		1552			1749	
Y Drenewydd / Newtown	d	1106	1206	1406		1607			1804	
Caerws	d	1113	1213	1413		1614			1811	
Machynlleth <b>4</b>	a	1142	1244	1444		1645			1842	
Machynlleth <b>4</b>	d	1146	1249	1252	1449	1456	1650	1655	1801	1848
Cyff Dyfi / Dovey Junction	d	1155	1257	1258	1455	1502	1656	1701	1856	1910
Borth	d	1205	1307		1505		1706		1906	
Bow Street	d	1211	1313		1511		1712		1912	
Aberystwyth	a	1221	1322		1522		1721		1829	1921
Aberystwyth Traws ⇄	d	1240	1340		1540		1740		1840	
Caerfyrddin / Carmarthen Traws ⇄	a	1448	1548		1748		1948		2048	
Penhelig	d			1307x		1511x		1710x		1919x
Aberdyfi / Aberdovey	d			1311		1515		1714		1923
Tywyn	d			1324		1525		1729		1933
Tonfanau	d			1328x		1529x		1732x		1936x
Llwyngwriil	d			1334x		1535x		1739x		1943x
Fairbourne	d			1343		1544		1747		1951
Morfa Mawddach	d			1344x		1545x		1749x		1953x
Y Bermo / Barmouth	d			1356		1557		1800		2004
Llanaber	d			1400x		1601x		1804x		2008x
Talybont	d			1403x		1604x		1807x		2011x
Dyffryn Ardudwy	d			1406x		1607x		1810x		2014x
Llanbedr	d			1411x		1612x		1815x		2019x
Pensarn	d			1412x		1613x		1816x		2020x
Llandanwg	d			1415x		1616x		1819x		2023x
Harlech	d			1431		1629		1833		2029
Tygwyn	d			1436x		1633x		1837x		2033x
Talsarnau	d			1437x		1634x		1838x		2034x
Llandecwyn	d			1440x		1637x		1841x		2037x
Penrhyndeudraeth	d			1444		1641		1845		2041
Minffordd am\for Portmeirion	d			1447		1645		1849		2045
Porthmadog	d			1456		1653		1857		2053
Criccieth	d			1503		1700		1904		2101
Penychain	d			1509x		1706x		1910x		2106x
Abererch	d			1513x		1710x		1914x		2110x
Pwllheli	a			1520		1715		1918		2116

	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇					
Llundain Euston / London Euston <b>15</b> ⇄	d	1640			1816					
Birmingham Rhyngwladol / Birmingham International →	d	1808			2008					
Birmingham New Street <b>12</b>	d	1822			2022					
Sandwell & Dudley	d	1830			2030					
Wolverhampton <b>7</b>	d	1841			2041					
Telford Canolog / Telford Central	d	1859			2059					
Wellington	d	1907			2107					
Amwythig / Shrewsbury	a	1921			2122					
Amwythig / Shrewsbury	d	1827	1930		2032	2143				
Y Trallwng / Welshpool	d	1849	1952		2054	2205				
Y Drenewydd / Newtown	d	1904	2007		2109	2220				
Caersws	d	1911	2015		2116	2227				
Machynlleth <b>4</b>	a	1944	2048		2143	2257				
Machynlleth <b>4</b>	d	1946	2053	2147	2150	2303				
Cyff Dyfi / Dovey Junction	d	1955	2101	2153	2158	2309				
Borth	d	2005	2111		2208	2319				
Bow Street	d	2011	2117		2214	2325				
Aberystwyth	a	2022	2125		2222	2335				
Aberystwyth Traws ⇄	d	2040								
Caerfyrddin / Carmarthen Traws ⇄	a	2223								
Penhelig	d			2202x						
Aberdyfi / Aberdovey	d			2206						
Tywyn	d			2217						
Tonfanau	d			2220x						
Llwyngwrl	d			2227x						
Fairbourne	d			2235						
Morfa Mawddach	d			2237x						
Y Bermo / Barmouth	d			2248						
Llanaber	d			2252x						
Talybont	d			2255x						
Dyffryn Ardudwy	d			2258x						
Llanbedr	d			2303x						
Pensarn	d			2304x						
Llandanwg	d			2307x						
Harlech	d			2314						
Tywyn	d			2318x						
Talsarnau	d			2319x						
Llandecwyn	d			2322x						
Penrhyndeudraeth	d			2327						
Minffordd am\for Portmeirion	d			2330						
Porthmadog	d			2337						
Criccieth	d			2345						
Penychain	d			2350x						
Abererch	d			2354x						
Pwllheli	a			2359						

		TfW ◇	TfW ◇	TfW ◇	TfW R	TfW ◇	TfW ◇	TfW ◇	TfW R	TfW ◇	TfW R
Pwllheli	d					0629		0724		0934	
Abererch	d					0633x		0728x		0938x	
Penychain	d					0636x		073 1x		094 1x	
Criccieth	d					0643		0738		0948	
Porthmadog	d					0653		0747		0958	
Minffordd am\for Portmeirion	d					0657		0752		1002	
Penrhyndeudraeth	d					070 1		0756		1006	
Llandecwyn	d					0703x		0758x		1008x	
Talsarnau	d					0705x		0800x		10 10x	
Tywyn	d					0709x		0804x		10 14x	
Harlech	d					07 17		082 1		1028	
Llandanwg	d					0723x		0826x		1034x	
Pensarn	d					0724x		0828x		1035x	
Llanbedr	d					0728x		083 1x		1039x	
Dyffryn Ardudwy	d					073 1x		0834x		1042x	
Talybont	d					0734x		0837x		1045x	
Llanaber	d					0739x		0843x		1050x	
Y Bermo / Barmouth	d			0645		0749		0852		1059	
Morfa Mawddach	d			0649x		0753x		0856x		1103x	
Fairbourne	d			0653		0757		0900		1107	
Llwyngwrlil	d			0659x		0804x		0906x		1114x	
Tonfanau	d			0706x		08 11x		09 13x		112 1x	
Tywyn	d			07 14		08 17		0927		1130	
Aberdyfi / Aberdovey	d			0720		0823		0933		1136	
Penhelig	d			0723x		0825x		0935x		1139x	
Caerfyrddin / Carmarthen Traws	d				0534		0609		0709		0909
Aberystwyth Traws	a				0720		0820		0920		1120
Aberystwyth	d	0526	0629			0729		0829		0929	1129
Bow Street	d	0534	0637			0737		0837		0937	1137
Borth	d	0541	0644			0744		0844		0944	1144
Cyff Dyfi / Dovey Junction	d	0551	0654	0736	0754	0838	0859	0948	0954	1152	1155
Machynlleth	4 a	0559	0702	0743	0804	0848	0907	0954	1002	1158	1203
Machynlleth	4 d	0602	0703		0808		0908		1008		1207
Caersws	d	0629	0730		0835		0935		1035		1234
Y Drenewydd / Newtown	d	0636	0737		0842		0942		1042		1241
Y Trallwng / Welshpool	d	0650	0752		0856		0956		1056		1255
Amwythig / Shrewsbury	a	07 13	08 14		0920		10 19		11 19		13 18
Amwythig / Shrewsbury	d	0730			0930				1133		1332
Wellington	d	0744			0944				1147		1346
Telford Canolog / Telford Central	d	0751			095 1				1154		1353
Wolverhampton	7 d	08 11			10 11				12 12		14 11
Sandwell & Dudley	a	0820			1020				122 1		1420
Birmingham New Street	12 a	0832			1032				1232		1432
Birmingham Rhyngwladol / Birmingham International	a	0852			1052				1253		1452
Llundain Euston / London Euston	15E a	1006			1206				1406		1606

		TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇
Pwllheli	d		1137		1338		1537		1742	
Abererch	d		114 1x		1342x		154 1x		1746x	
Penychain	d		1144x		1345x		1544x		1749x	
Criccieth	d		115 1		1352		155 1		1756	
Porthmadog	d		120 1		1402		160 1		1806	
Minffordd am\for Portmeirion	d		1205		1406		1605		18 10	
Penrhyndeudraeth	d		1209		14 10		1609		18 14	
Llandecwyn	d		12 11x		14 12x		16 11x		18 16x	
Talsarnau	d		12 13x		14 14x		16 13x		18 18x	
Tywyn	d		12 17x		14 18x		16 17x		1822x	
Harlech	d		1228		1428		1629		1830	
Llandanwg	d		1234x		1434x		1635x		1836x	
Pensarn	d		1235x		1435x		1636x		1837x	
Llanbedr	d		1239x		1439x		1640x		184 1x	
Dyffryn Ardudwy	d		1242x		1442x		1643x		1844x	
Talybont	d		1245x		1445x		1646x		1847x	
Llanaber	d		1250x		1450x		165 1x		1852x	
Y Bermo / Barmouth	d		1255		1455		1656		1857	
Morfa Mawddach	d		1259x		1459x		1700x		190 1x	
Fairbourne	d		1303		1503		1704		1905	
Llwyngwril	d		13 10x		1509x		17 10x		19 12x	
Tonfanau	d		13 17x		15 16x		17 17x		19 19x	
Tywyn	d		1325		1526		1727		1935	
Aberdyfi / Aberdovey	d		133 1		1532		1733		194 1	
Penhelig	d		1333x		1535x		1735x		1943x	
Caerfyrddin / Carmarthen Traws	d	1009		1109		1309		1509	1609	1709
Aberystwyth Traws	a	1220		1320		1520		1720	1820	1920
Aberystwyth	d	1229		1329		1529		1728	183 1	1929
Bow Street	d	1237		1337		1537		1735	1839	1937
Borth	d	1244		1344		1544		1742	1846	1944
Cyff Dyfi / Dovey Junction	d	1258	1346	1354	1547	1554	1748	1752	1856	1956
Machynlleth	a	1306	1353	1402	1553	1602	1756	1800	1904	2004
Machynlleth	d	1306		1407		1608		1805	1906	20 11
Caersws	d	1333		1434		1635		1832	1932	2038
Y Drenewydd / Newtown	d	1340		144 1		1642		1839	1939	2045
Y Trallwng / Welshpool	d	1356		1455		1656		1855	1957	2 102
Amwythig / Shrewsbury	a	14 19		15 18		17 19		19 19	2025	2 125
Amwythig / Shrewsbury	d			1533		1730		1930		2 130
Wellington	d			1547		1744		1944		2 144
Telford Canolog / Telford Central	d			1553		175 1		195 1		2 15 1
Wolverhampton	d			16 11		18 11		20 11		22 11
Sandwell & Dudley	a			1620		1820		2020		2220
Birmingham New Street	a			1632		1832		2032		223 1
Birmingham Rhyngwladol / Birmingham International	a			1652		1852		2052		2340
Llundain Euston / London Euston	a		1806		2006		2333			

	TfW	TfW	TfW ◇	TfW	TfW					
Pwllheli	d		2026							
Abererch	d		2030x							
Penychain	d		2033x							
Criccieth	d		2040							
Porthmadog	d		2056							
Minffordd am\for Portmeirion	d		2 10 1							
Penrhyndeudraeth	d		2 104							
Llandecwyn	d		2 106x							
Talsarnau	d		2 109x							
Tywyn	d		2 112x							
Harlech	d		2 120							
Llandanwg	d		2 125x							
Pensarn	d		2 127x							
Llanbedr	d		2 130x							
Dyffryn Ardudwy	d		2 133x							
Talybont	d		2 136x							
Llanaber	d		2 142x							
Y Bermo / Barmouth	d		2 147							
Morfa Mawddach	d		2 15 1x							
Fairbourne	d		2 155							
Llwyngwril	d		2202x							
Tonfanau	d		2209x							
Tywyn	d		22 17							
Aberdyfi / Aberdovey	d		2223							
Penhelig	d		2225x							
Caerfyrddin / Carmarthen Traws	d	1809	1909							
Aberystwyth Traws	a	2007	2 120							
Aberystwyth	d	2035	2 132		2229	2338				
Bow Street	d	2043	2 140		2237	2345				
Borth	d	2050	2 147		2244	2352				
Cyff Dyfi / Dovey Junction	d	2 10 1	2 158	2238	2254	0002				
Machynlleth	a	2 109	2206	2245	230 1	00 11				
Machynlleth	d									
Caersws	d									
Y Drenewydd / Newtown	d									
Y Trallwng / Welshpool	d									
Amwythig / Shrewsbury	a									
Amwythig / Shrewsbury	d									
Wellington	d									
Telford Canolog / Telford Central	d									
Wolverhampton	d									
Sandwell & Dudley	a									
Birmingham New Street	a									
Birmingham Rhyngwladol / Birmingham International	a									
Llundain Euston / London Euston	a									

	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW	TfW
Llundain Euston / London Euston									0748	
Birmingham Rhyngwladol / Birmingham International									1006	
Birmingham New Street									1022	
Sandwell & Dudley									1030	
Wolverhampton									1041	
Telford Canolog / Telford Central									1059	
Wellington									1106	
Amwythig / Shrewsbury									1121	
Amwythig / Shrewsbury					0830			1027	1128	
Y Trallwng / Welshpool					0905			1051	1150	
Y Drenewydd / Newtown					0930			1106	1205	
Caersws					0945			1113	1212	
Machynlleth					1025			1143	1243	
Machynlleth	0750	0849	0947	1004	1025	1049	1143	1248	1251	1350
Cyff Dyfi / Dovey Junction	0756	0856	0955	1010	1035	1058	1155	1256	1300	1357
Borth	0806	0906	1005		1055	1108	1205	1306		1407
Bow Street	0812	0912	1011		1110	1114	1211	1312		1413
Aberystwyth	0821	0921	1019		1120	1123	1221	1321		1423
Aberystwyth Traws			1040				1240			1440
Caerfyrddin / Carmarthen Traws			1248				1448			1648
Penhelig				1019x					1309x	
Aberdyfi / Aberdovey				1023					1313	
Tywyn				1030					1324	
Tonfanau				1033x					1328x	
Llwyngwriil				1040x					1335x	
Fairbourne				1049					1343	
Morfa Mawddach				1051x					1344x	
Y Bermo / Barmouth				1058					1356	
Llanaber				1103x					1400x	
Talybont				1106x					1403x	
Dyffryn Ardudwy				1109x					1406x	
Llanbedr				1114x					1411x	
Pensarn				1115x					1412x	
Llandanwg				1118x					1415x	
Harlech				1125					1431	
Tygwyn				1130x					1436x	
Talsarnau				1131x					1437x	
Llandecwyn				1134x					1440x	
Penrhyndeudraeth				1138					1444	
Minffordd am\for Portmeirion				1142					1448	
Porthmadog				1154					1456	
Criccieth				1201					1503	
Penychain				1207x					1509x	
Abererch				1211x					1513x	
Pwllheli				1217					1519	

Mae'r llwybrau mewn print tywyll yn dangos gwasanaethau bysiau yn lle trenau. Gweler y posteri Information/Gwybodaeth yn y gorsafoddi i weld lle bydd y bysiau'n aros

Shaded routes indicate replacement bus services. Please see Information/Gwybodaeth posters at stations for bus pick up point

		TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇
Llundain Euston / London Euston	d	0952			1239			1439		1639
Birmingham Rhyngwladol / Birmingham International	d	1208			1408			1610		1810
Birmingham New Street	d	1222			1422			1623		1823
Sandwell & Dudley	d	1230			1430			1631		1831
Wolverhampton	d	1241			1443			1644		1843
Telford Canolog / Telford Central	d	1258			1500			1701		1900
Wellington	d	1306			1508			1709		1908
Amwythig / Shrewsbury	a	1320			1522			1724		1922
Amwythig / Shrewsbury	d	1330		1429	1528		1629	1727		1828 1927
Y Trallwng / Welshpool	d	1352		1451	1551		1651	1749		1850 1949
Y Drenewydd / Newtown	d	1407		1506	1606		1706	1804		1905 2004
Caerws	d	1414		1514	1613		1713	1812		1912 2011
Machynlleth	a	1445		1545	1642		1742	1843		1941 2042
Machynlleth	d	1449	1453	1546	1647	1650	1743	1847	1855	1942 2047
Cyff Dyfi / Dovey Junction	d	1457	1459	1555	1656	1656	1755	1855	1901	1956 2055
Borth	d	1507		1605	1706		1805	1905		2006 2105
Bow Street	d	1513		1611	1712		1811	1911		2012 2111
Aberystwyth	a	1521		1620	1723		1821	1920		2021 2122
Aberystwyth Traws	d			1640			1840			
Caerfyrddin / Carmarthen Traws	a			1848			2048			
Penhelig	d		1508x			1705x			1910x	
Aberdyfi / Aberdovey	d		1512			1709			1914	
Tywyn	d		1531			1729			1924	
Tonfanau	d		1534x			1732x			1928x	
Llwyngwriil	d		1541x			1739x			1935x	
Fairbourne	d		1549			1747			1943	
Morfa Mawddach	d		1551x			1749x			1944x	
Y Bermo / Barmouth	d		1559			1759			1953	
Llanaber	d		1604x			1803x			1957x	
Talybont	d		1607x			1806x			2000x	
Dyffryn Ardudwy	d		1610x			1809x			2003x	
Llanbedr	d		1615x			1814x			2008x	
Pensarn	d		1616x			1815x			2010x	
Llandanwg	d		1619x			1818x			2013x	
Harlech	d		1624			1830			2022	
Tywyn	d		1629x			1835x			2026x	
Talsarnau	d		1630x			1836x			2028x	
Llandecwyn	d		1633x			1839x			2031x	
Penrhyndeudraeth	d		1637			1843			2035	
Minffordd am\for Portmeirion	d		1641			1847			2038	
Porthmadog	d		1647			1855			2044	
Criccieth	d		1654			1902			2052	
Penychain	d		1700x			1908x			2058x	
Abererch	d		1704x			1912x			2102x	
Pwllheli	a		1710			1918			2107	

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	TfW ◇	TfW ⊠	TfW ◇	TfW ◇	TfW ⊠	TfW ◇	TfW ◇	TfW ⊠	TfW ⊠	TfW ◇	
Pwllheli	d			0934			1128			1340	
Abererch	d			0938x			1132x			1344x	
Penychain	d			094 1x			1135x			1347x	
Criccieth	d			0948			1142			1354	
Porthmadog	d			0958			1157			1406	
Minffordd am\for Portmeirion	d			1002			120 1			14 10	
Penrhyndeudraeth	d			1006			1205			14 14	
Llandecwyn	d			1008x			1207x			14 16x	
Talsarnau	d			10 10x			1209x			14 18x	
Tygwyn	d			10 14x			12 13x			1422x	
Harlech	d			1028			122 1			1434	
Llandanwg	d			1034x			1226x			1439x	
Pensarn	d			1035x			1228x			144 1x	
Llanbedr	d			1039x			123 1x			1444x	
Dyffryn Ardudwy	d			1042x			1234x			1447x	
Talybont	d			1045x			1237x			1450x	
Llanaber	d			1050x			1243x			1456x	
Y Bermo / Barmouth	d			110 1			1250			150 1	
Morfa Mawddach	d			1105x			1254x			1505x	
Fairbourne	d			1109			1258			1509	
Llwyngwril	d			1116x			1305x			15 15x	
Tonfanau	d			1123x			13 12x			1522x	
Tywyn	d			1130			1320			1528	
Aberdyfi / Aberdovey	d			1136			1326			1536	
Penhelig	d			1139x			1329x			1538x	
Caerfyrddin / Carmarthen Traws	d				0909			1109			
Aberystwyth Traws	a				1120			1320			
Aberystwyth	d	0829	0929	1029		1129	1229		1329	1429	
Bow Street	d	0837	0937	1037		1137	1237		1337	1437	
Borth	d	0844	0944	1044		1144	1244		1344	1444	
Cyff Dyfi / Dovey Junction	d	0858	0954	1056	115 1	1154	1257	134 1	1357	1459	155 1
Machynlleth	4 a	0908	1002	1103	1158	1202	1305	1349	1404	1507	1559
Machynlleth	4 d	0908	1008	1104		1206	1306		1407	1508	
Caersws	d	0937	1035	1134		1233	1333		1434	1535	
Y Drenewydd / Newtown	d	0944	1042	114 1		1240	1340		144 1	1542	
Y Trallwng / Welshpool	d	0959	1057	1155		1254	1354		1456	1556	
Amwythig / Shrewsbury	a	1023	112 1	1220		13 18	14 19		15 19	16 18	
Amwythig / Shrewsbury	d		1133			1330			153 1		
Wellington	d		1147			1343			1545		
Telford Canolog / Telford Central	d		1154			1349			1552		
Wolverhampton	7 d		12 12			14 11			16 11		
Sandwell & Dudley	a		122 1			1420			1620		
Birmingham New Street	12 a		1232			1432			1632		
Birmingham Rhyngwladol / Birmingham International	a	123 1	1252			1452			1655		
Llundain Euston / London Euston	15E a		1407			1607			1807		

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		TfW ✦	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	TfW ◇	
Pwllheli	d		1533			1736					
Abererch	d		1537x			1740x					
Penychain	d		1540x			1743x					
Criccieth	d		1547			1750					
Porthmadog	d		1557			1800					
Minffordd am\for Portmeirion	d		1601			1805					
Penrhyndeudraeth	d		1605			1809					
Llandecwyn	d		1607x			1811x					
Talsarnau	d		1609x			1813x					
Tywyn	d		1613x			1817x					
Harlech	d		1629			1827					
Llandanwg	d		1635x			1832x					
Pensarn	d		1636x			1833x					
Llanbedr	d		1640x			1837x					
Dyffryn Ardudwy	d		1643x			1840x					
Talybont	d		1646x			1843x					
Llanaber	d		1651x			1849x					
Y Bermo / Barmouth	d		1656			1854					
Morfa Mawddach	d		1700x			1859x					
Fairbourne	d		1704			1903					
Llwyngwril	d		1710x			1909x					
Tonfanau	d		1717x			1917x					
Tywyn	d		1727			1924					
Aberdyfi / Aberdovey	d		1733			1930					
Penhelig	d		1735x			1933x					
Caerfyrddin / Carmarthen Traws	d	1309		1509		1709					
Aberystwyth Traws	a	1520		1720		1920					
Aberystwyth	d	1527	1629		1727	1829		1929	2029	2129	2319
Bow Street	d	1535	1637		1735	1837		1937	2037	2137	2327
Borth	d	1543	1644		1743	1844		1944	2044	2144	2334
Cyff Dyfi / Dovey Junction	d	1554	1656	1749	1753	1902	1948	1954	2055	2155	2344
Machynlleth	a	1601	1703	1757	1801	1910	1955	2002	2104	2204	2353
Machynlleth	d	1605	1703		1805			2006			
Caersws	d	1634	1734		1832			2033			
Y Drenewydd / Newtown	d	1641	1741		1839			2040			
Y Trallwng / Welshpool	d	1655	1755		1854			2054			
Amwythig / Shrewsbury	a	1719	1819		1918			2118			
Amwythig / Shrewsbury	d	1731			1930			2133			
Wellington	d	1745			1944			2147			
Telford Canolog / Telford Central	d	1751			1950			2154			
Wolverhampton	d	1811			2011			2212			
Sandwell & Dudley	a	1820			2020			2221			
Birmingham New Street	a	1832			2032			2232			
Birmingham Rhyngwladol / Birmingham International	a	1851			2052			2249			
Llundain Euston / London Euston	a	2007		2322				0103			

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## Nodiadau safonol

## Standard notes

Mae'r amseroedd **mewn coch** yn dynodi gwasanaethau sy'n cysylltu

Times in **red type** indicate connecting services.

---

Amser cyrraedd	<b>a</b>	Arrival time
Amser ymadael	<b>d</b>	Departure time
Yn aros i ollwng teithwyr yn unig	<b>s</b>	Stops to set down only
Yn aros i godi teithwyr yn unig	<b>u</b>	Stops to pick up only
Yn aros ar gais. Rhaid i bobl sydd eisiau mynd i lawr hysbysu'r tocynnwr. Rhaid i bobl sydd eisiau mynd ar y trên roi'r arwydd llaw priodol i'r gyrrwr	<b>x</b>	Service stops on request. Passengers wishing to alight must inform the conductor. Passengers wishing to board must give the appropriate hand signal to the driver
Amser cysylltu a argymhellir	<b>10</b>	Recommended connecting time
Yn parhau mewn colofn ddiweddarach	<b>L</b> →	Continued in later column
Parhad o golofn gynharach	← <b>L</b>	Continued from earlier column
Hefyd â seddi Dosbarth Cyntaf	<b>1</b>	Also conveys First Class accommodation
Mae gwasanaeth troli o byrbrydau oer, brechdanau a diodydd poeth ac oer ar gael ar ran o'r daith neu'r daith i gyd	<b>☞</b>	An at seat service of cold snacks, sandwiches and hot and cold drinks is available for all or part of the journey
Darperir bwyty i ddeiliaid tocynnau Dosbarth Cyntaf, a gwasanaeth bwffe o fyrbrydau poeth, brechdanau, diodydd oer a phoeth	<b>☒</b>	A restaurant for 1st Class ticket holders, and a buffet service of hot snacks, sandwiches, hot and cold drinks are provided
Mae gwasanaeth bwffe sy'n cynnwys byrbrydau poeth, brechdanau a diodydd poeth ac oer ar gael	<b>☞</b>	A buffet service of hot snacks, sandwiches and hot and cold drinks is provided
Great Western Railway	<b>GW</b>	Great Western Railway
West Midlands Trains	<b>LM</b>	West Midlands Trains
Trafnidiaeth Cymru	<b>TfW</b>	Transport for Wales
Avanti West Coast	<b>VT</b>	Avanti West Coast
Northern	<b>NT</b>	Northern
Cross Country	<b>XC</b>	Cross Country

### Cysylltwch â ni er mwyn:

- gofyn am yr amserlen mewn fformat gwahanol, gan gynnwys print bras
- rhoi gwybod am nam neu ddifrod i'n trenau a'n gorsafoedd
- gwneud sylw am ein gwasanaethau trên
- gofyn am wybodaeth arall i gwsmeriaid gan gynnwys y siarter teithwyr
- hawlio unrhyw iawndal am oedi o 15 munud neu ragor.

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- comment on our train services
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- claim any compensation for delays of 15 minutes or more.



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Gallwch archebu cymorth arbennig ymlaen llaw - hyd at 2 awr cyn i'ch taith ddechrau, 24/7. I archebu, neu i gael rhagor o wybodaeth am Gymorth i Deithwyr ffoniwch ein tîm Cymorth wrth Deithio: **033 300 50 501** RelayUK: **18001 033 300 50 501** neu ewch i [trc.cymru/teithio-hygyrch](https://trc.cymru/teithio-hygyrch). Gallwch hefyd "gyrraedd a mynd" heb archebu cymorth arbennig ymlaen llaw. Byddwn yn eich helpu i gyrraedd lle'r ydych chi eisiau mynd.

You can request an assistance booking in advance - up to 2 hours before your journey is due to start, 24/7. To make a booking or for more information about Passenger Assist call our Assisted Travel team: **033 300 50 501** RelayUK: **18001 033 300 50 501** or visit [tfw.wales/accessible-travel](https://tfw.wales/accessible-travel). You can also simply "turn up and go" without booking assistance in advance. We'll provide assistance to get you to your destination.



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