

10 awgrym i'ch helpu chi a'ch plentyn i wneud pethau'n haws.....

- 1 Byddwch mor gadarnhaol â phosib am yr ysgol.
2. Er mwyn lleihau pryder, helpwch eich plentyn i baratoi ei (b)fag ysgol y noson cynt, gan sicrhau bod ganddo(i) bopeth sydd ei angen ar gyfer y diwrnod canlynol, e.e. dillad addysg gorfforol, llyfrau, caspensiliau, arian cinio, tocyn bws ag ati.
3. Mae angen cael y wisg ysgol yn barod y noson cynt.
4. Mae noson dda o gwsg yn hanfodol ar gyfer datblygiad iach a phresenoldeb da yn yr ysgol.
5. Gosodwch y cloc larwm yn gynnar!
6. Mae brechwast yn ofnadwy o bwysig.
7. Gwnewch bopeth a allwch i sicrhau fod eich plentyn yn gadael y tŷ mewn pryd — mae prydlondeb yn sgil cymdeithasol allweddol.
8. Siaradwch gyda'ch plentyn am ei (ph)bryderon, mae ysgolion yn gefnogol iawn a gallant helpu gyda phob math o broblemau, megis, gwaith ysgol, ffrindiau, bwlio ac ati, ond os nad ydynt yn gwybod, ni allant helpu.
9. Pan mae eich plentyn yn cyrraedd adref mae angen parhau gyda'r siarad cadarnhaol, gofynnwch, Beth aeth yn dda? Beth wnest ti yna? Oes un rhywbeth i wella ar gyfer yfory? Cymerwch ddi-ddordeb.
10. Gadewch eich plentyn wybod eich bod yn meddwl bod mynychu'r ysgol bob dydd yn bwysig, dangoswch iddynt fod gennych ddi-ddordeb, ac eich bod eisiau iddynt lwyddo :)

Cysylltwch gyda Swyddog Lles addysg yr Ysgol os oes angen unrhyw gymorth gyda'r uchod.

Mae gan bob ysgol yng Ngwynedd ac Ynys Môn Swyddog Lles Addysg (SLI) dynodedig sydd mewn cysylltiad rheolaidd â'r ysgol.

Gall yr ysgol gyfeirio eich plentyn at y Swyddog Lles Addysg (SLI) os yw eu presenoldeb neu eu prydlondeb yn achosi pryder.

Bydd y SLI yn cysylltu gyda chi wedyn naill ai dros y ffôn, drwy lythyr neu drwy ymweliad â'r cartref er mwyn trafod pryderon yr ysgol a sut y gellir gwella'r presenoldeb neu'r prydlondeb yma. Gall y SLI gynnig cymorth a gall gyfeirio at wasanaethau cefnogol eraill os bydd angen.

Os hoffech gysylltu gyda'r Swyddog Lles Addysg eich ysgol gallwch ofyn i'r pennaeth am y manylion cyswllt.

Pam mae presenoldeb da yn bwysig?

- Dyma'r gyfraith!!
- Mae plant sy'n mynychu ysgol yn dda iawn yn fwy tebygol o ennill 5 neu fwy o gymwysterau TGAU A-C neu gyfwerth.
- Mae ysgolion yn darparu cyfleoedd i blant ddatblygu eu sgiliau bywyd.
- Yn yr ysgol gall plant fod gyda'u ffrindiau a dysgu cymdeithasu a datblygu gwydnwch sydd yn hynod o bwysig mewn bywyd.
- Mae gan ysgolion fynediad at lawer o wasanaethau cymorth megis, gwasanaethau iechyd meddwl i'r nyrs ysgol — yn anffodus mae'r plant sydd ddim yn mynychu'r ysgol yn colli allan ar y gwasanaethau yma.

Cofiwch eich cyfrifoldeb chi fel rhiant/gofalwr yw sicrhau bod eich plentyn yn mynychu'r ysgol yn rheolaidd — gall methu â gwneud hyn arwain at ddirwyon ariannol a hyd yn oed dedfryd o garchar.

Anghenion Dysgu Ychwanegol a Chynhwysiad Addition Learning Needs and Inclusion

Ffurflen Gwybodaeth i rieni / gwarchodwyr - Presenoldeb Ysgol



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Anghenion Dysgu Ychwanegol a
Chynhwysiad
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**An information leaflet
for parents / carers —
School Attendance**



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Every school in Gwynedd and Anglesey has an allocated Education Welfare Officer (EWO) who is in regular contact with the school.

The school may refer your child to the Education Welfare Officer (EWO) if their attendance or punctuality is causing concern.

The EWO will then contact you either by phone, letter or home visit in order to discuss the school's concerns and how the attendance or punctuality can be improved. The EWO can offer support and can refer to other supportive services if required.

If you wish to contact your school's EWO you can ask the head teacher for the details.

Why is good attendance important?

- It's the law!!
- Children who have very good attendance are more likely to gain 5 or more A-C GCSE's or equivalent qualifications.
- Schools provide opportunities for children to develop life skills.
- At school children can be with their friends and learn to socialize and build resilience.
- Schools have access to many support services from mental health to the school nurse—children who do not attend miss out on these services.

Remember it is your responsibility as the parent/carer to ensure your child regularly attends school—failure to do so can result in fines and even custodial sentences.

10 Tips to help you and your child make going to school easier.....

- 1 Try and be as positive as you can about school
2. In order to avoid anxiety, help your child prepare their school bag the night before, making sure they have all they need for the day ahead, eg, PE kit, books, pencil case, dinner money, bus pass etc
3. Get their uniform ready the night before.
4. A good nights sleep is vital for healthy development and good school attendance.
5. Set the alarm clock nice and early!
6. Breakfast is important.
7. Do what you can to ensure they leave the house on time—Punctuality is a key social skill.
8. Talk to your child about their worries, schools are very supportive and can help with all matter of problems, such as, school work, friends, bullying, unfair treatment by staff etc but if they don't know then they can't help.
9. When your child gets home continue the positive talking, What went well? What did you do? What can we improve for tomorrow?
10. Let your child know that you think attending school daily is important, show them that you are interested and that you care, and that you want them to do well :)

Contact the school's Education Welfare Officer if you require any support with the above.