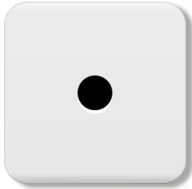


ANGER DICE GAME

1. Roll a die.
2. Read the prompt next to the number you rolled.
3. Answer the prompt or question.



Name someone you can talk to when you are feeling angry.



What is something you can say when you are feeling angry?



Name one thing that makes you feel angry.



Give a reason why it's important to stay calm when you are feeling angry.



Describe an anger warning sign that you might notice when you are starting to feel angry.



Name a calm down strategy that you can use when you are feeling angry.