



TRAC 11 - 24 Project



UNDEB EWROPEAIDD
EUROPEAN UNION

Llywodraeth Cymru
Welsh Government

**Cronfa Gymdeithasol Ewrop
European Social Fund**



Aims to reduce the number of young people aged 11 -24 at the highest risk of becoming NEET in North Wales, through a range of interventions that will compliment, but not duplicate, mainstream services.

Supporting young people aged 11 - 24 disengaging with education and at risk of becoming NEET (not in Education, Employment or Training).

Young people benefiting from health and wellbeing support, accessing an alternative curriculum, following accredited qualifications to improve their attainment.

TRAC 11 - 24 is an EU funded project, receiving support from ESF Priority Axis: Youth Employment and Attainment; Specific Objective 2 (reducing the number of young people aged 11 - 24 at the highest risk of becoming NEET in North Wales).

Partners

The Gwynedd TRAC team is part of a wider North Wales TRAC 11 - 24 Project, which is managed by Denbighshire County Council.

TRAC Gwynedd is a 'Multi Agency Education Project' comprising of stakeholders from a range of services within Gwynedd Council and includes Grŵp Llandrillo Menai (delivering TRAC to post-16 learners in college) and Careers Wales who deliver the Activate programme for the project within secondary schools.

The TRAC project has access to a range of external providers/ suppliers who have been selected to offer services as part of a framework (for the delivery of TRAC



funded alternative education and learning provision - both accredited and non-accredited provision).

Collectively, the partners provide a tailored early intervention package to the young people that are referred to the project via a formal referral process.

A skilled workforce dedicated to supporting vulnerable learners

As part of the TRAC provision, a dedicated team directly engages with young people. The team comprises a range of skilled and experienced individuals who are passionate about supporting young people to achieve their potential. Delivering a range of interventions that complement, but not duplicate, mainstream services.

The team provide support either on a one-to-one basis or within groups and have a vast amount of experience/specialisms in addition to a wide bank of resources that are used to aid pupil engagement in the TRAC project. They deliver a bespoke programme, which takes into account the needs of each individual, and work alongside both internal and external agencies. When pupils are not engaging in school, the team can engage with participants, parents and carers in the home to overcome barriers to learning.

Engagement Workers

The engagement team work alongside schools by delivering an alternative curriculum package, supporting pupils to work on attendance, attainment and behaviour, and removing perceived or real barriers that they face. The delivery includes:



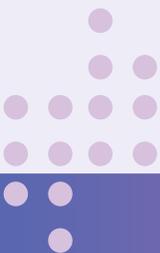
- A Non-judgmental approach
 - Using a Young person centred approach
 - Using different tools and methods to support the young person to identify problems
 - Finding a learning path that is appropriate for both the young person and school
 - Referring onto other TRAC team members or outside agencies as appropriate
- Working with a caseload of young people on a 1-1 basis
 - Running small group sessions to aid pupils engagement with education
 - Delivering accredited courses such as Agored Cymru.

Wellbeing Workers

The Wellbeing team aim to support young people's development by helping them to interact effectively and develop positive attitudes to themselves and others. Some examples of TRAC Wellbeing intervention issues are:

- Confidence building/Cyber bullying/Setting Targets
- Anger and anxiety/Relationships/Body image
- Addictive behaviour/Discrimination/Motivation

Interventions can be delivered on a one-to-one basis or through group work. The package of support is young person focused and bespoke to their needs.





Mental Health support

Counselling gives young people a safe and confidential space to talk about their feelings, including worries or problems they may have. Counselling can help young people work through their problems and support them in making positive changes if they choose to. Counsellors do not give advice, but aim to empower individuals to facilitate their own personal growth. There is a broad range of

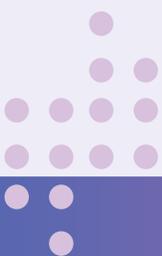
issues as to why a young person may come to counselling. Here are a few examples:

- Anxiety/Exam Worries/Family Problems
- Relationships/Bereavement/Sexuality
- Self Esteem/Depression

If additional support is required, TRAC Counsellors can make a referral to other TRAC Team Staff or partners, for additional services. The counsellors adhere to the British Association for Counselling and Psychotherapy ethical framework.

TRAC Activate (Careers Wales)

1) Pre-16 Employer Engagement - A range of innovative activities and experiences where young people interact with employers and alumni. This will include age and cohort appropriate activity in a group or workshop setting to raise awareness of the world of work and employer expectations, this could include site visits or employer challenges, and links to local and regional labour market opportunities.



2) Flexible Employability sessions - A programme of interactive workshops delivered by Careers Wales TRAC advisors focussing on improving the individual barriers identified and improve attainment,



behaviour and attendance supported by individual career coaching, mentoring and goal setting. The workshop sessions will focus on addressing the behaviours, improving the skills, removing the barriers and increasing the knowledge identified in research as leading to poor attendance, behaviour and attainment.

This will include a range of topics to be covered based in a workplace setting, including, but not limited to:

Achieving career goals; understanding the importance of following or giving instructions; awareness of local regional and national employment opportunities, Presentation skills - Making a good impression, Importance of the Core Curriculum, Taking Initiative, Employability skills.

3) Bespoke Work Experiences - Appropriate to the needs of the participant, this will be flexible in its approach from taster days to longer placements where appropriate. Careers Wales will source and vet all placements, and secure employer support and provide support to the employer/ participant as necessary to ensure that a successful and meaningful placement is realised.

Contact us:

If you would like more information about TRAC project, please contact the team:

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