



CYNGOR SIR  
YNYS MÔN  
ISLE OF ANGLESEY  
COUNTY COUNCIL



# Anglesey TRAC Provision



**Cronfa Gymdeithasol Ewrop**  
**European Social Fund**

## **Youth Engagement Worker**

The overall purpose of this role is to provide emotional and academic support to individuals identified as being eligible for the project. Their aim is to provide additional, individualised and intensive support to ensure that they have the skills and confidence to succeed in education and beyond. The Engagement Worker will complete this task via:

- Assessment of need via Youth Star – Communicating, Choices and Behaviour, Making a Difference, Hopes and Dreams, Well-being, Education & Work.
- Planning individualised interventions that aim to work towards achieving the needs outlined via Youth Star, e.g. ‘communication’ – sessions that focus on assertiveness or anger management.
- Enabling young people to access recognised achievements through co-ordination and some delivery of qualifications such as ASDAN Youth Achievement Awards, Agored Cymru, Duke of Edinburgh Awards, John Muir Awards, Youth Service Certificates, BTEC/SWEET.
- Motivating young people by providing them with a sense of achievement by setting targets which are SMART.
- Provide advocacy and mentoring support, e.g. college visits and applications.
- One to one and group interventions re topics that meets the needs of the school.

## **Therapeutic Officer**

The therapeutic officer is to provide and co-ordinate holistic support for young people to ensure their continued engagement and progression in education via:

- Preparing a plan that states the young person’s identified strengths, aspirations and needs.
- Therapeutic support and intervention when required via the use of person centred, solution focused and motivational techniques.
- Arrange and lead group discussions re how to work with their emotions or other issues that may be affecting them.
- Advocate on behalf of the young person to secure services from other providers.

## Courses

Young people will have the opportunity to gain appropriate, relevant and suitable experiences & qualifications procured via the dynamic purchasing system (DPS). Courses procured should be appropriate to the needs of the young people identified. Qualifications include: Agored Cymru Units, BTEC levels 1 and 2 in Employability, John Muir Award, First Aid, Health & Safety in the Workplace, Childcare, NICAS climbing and many more.....



Topics covered include respectful relationships, domestic abuse, gender stereotyping, sexual consent, sexting, pornography, sexual exploitation and perception.



Seasons for Growth is a programme for children, young people or adults who have experienced significant change or loss.



F = Feelings  
R = Remember to relax. Have quiet time.  
I = I can do it! I can try my best!  
E = Explore solutions and coping step plans.  
N = Now reward yourself! You've done your best!  
D = Don't forget to practise!  
S = Smile! Stay calm, and talk to your support networks!

## Careers Wales

Careers Advisers will deliver a selection of the following sessions on an individual or group situation:

- Introduction to Target 7-11
- **Following instructions in the workplace**
- Opportunity awareness
- **Setting goals**
- Employability skills
- **Team building**
- Gender stereotyping
- **What employers want**
- Going out on placements
- **Communication in the workplace**
- Raising aspirations
- **Self-esteem**
- Motivation
- **Putting plans into action**
- How school subjects help in the workplace
- **Self-awareness**
- Comfort zones
- **Being pro-active**
- Making the most of school and what it has to offer
- **Mind sets/changing mind sets**
- Decision making
- **Raising confidence**
- Giving presentations
- **Image/prejudice: how I perceive myself/how others perceive me**
- Peer pressure
- **Establishing a routine/self-discipline/lifestyle**
- Resilience
- **How I fit into the job market**
- Accessing my network/making the most of your network
- **Researching opportunities**
- Working on my own
- **Managing time/how I spend my time**
- Evaluating my progress/my work
- **Trust/working with new people**
- Skills shortages