

It is important to us that we are able to provide a service that is of a quality that ensures as much difference as possible to the situation of the young people that we are working with. In order to do this we use a variety of tools to measure. This helps us to ensure an equal, effective service which is able to be flexible to the situation.

For our individual and consultation work, from September 2018 we will be trialling the use of a tool called TOMs *

TOMs enables us to look at four areas of development:

Need

The level of difficulty that the young person is experiencing

Activity

The level that the young person is able to access activities and have independence in these

Participation

The way the young person takes part in the school community socially, independently and their ability to interact with others

Wellbeing

How the young person is coping emotionally on an individual level

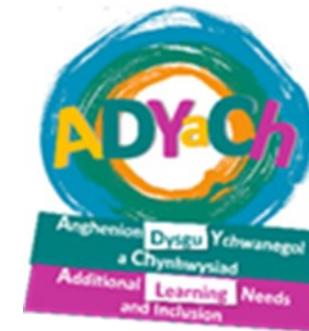
The TOMs in usually scored between 0 and 5 usually, with 0 being the highest need for development and 5 being the opposite. It is possible that these scores may be noted on your child's consultation notes in order to identify the areas in need of development and then seeing if the strategies used have been successful.

We use other methods of measuring for other areas of work.

* Enderby, P & John, A (2015) "Therapy Outcome Measures (3rd Edition), Croydon, UK: J&R Press

Educational Psychology Service

Information for Parents and Carers



Educational Psychology Service • ALN and Inclusion Service

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What are the aims of the Service?

- To ensure the best possible educational outcomes for individuals between 0 and 19 years old.
- To provide a service of a high standard and that meets Health and Care Professions Council standards (HCPC).
- To work in an effective strategic way to promote whole school development in how ALN and Inclusion is targeted.

How to access to the Service?

- Every school has a named Educational Psychologist, who usually works with the Secondary School Catchment as a whole.
- The Educational Psychologists work closely with staff within Schools, particularly the Additional Learning Needs and Inclusion Co-ordinator.
- If you are a parent who is concerned about your child, we suggest that you discuss with the ALN and I Co-ordinator at the school for further discussion in the first instance.
- The work that is carried out by the Educational Psychologist is carefully planned at the start of the school year, and then again about half way through the year, ensuring that the service is used in accordance with the Access Criteria.
- The Educational Psychologists work very closely with the other Teams within the ALN and I Integrated Service at a practical and strategic level.

What does the Service provide?

- **In service training on a range of subjects:**

For example ...Growth Mindset, Mindfulness Anxiety, Whole School approaches for Specific Learning Difficulties, Attachment and Developmental Trauma, Communication and Interaction Difficulties.

- **Group and Individual Therapeutic Interventions**

- **Support with action research projects**

- **Individual Consultations for children and young people (including further assessments of requirements where appropriate)**

A preventative process that::

- Ensures that the young person is central, and able to contribute to the process.
- Discussion with the team around the child (i.e. discussion with parent, school, other agencies) to look at development across areas.
- A discussion on what works and does not in a situation, in order to work towards a solution.

- **Person Centered Planning Methods**

- **Supervision/discussion sessions for staff**