

Geirfa Coronafirws- Be di be?

Coronavirus Vocabulary – What do the words mean?



Cymraeg	English
Coronafirws – Enw ar feirws newydd sydd wedi cael ei ddarganfod o’r enw Covid 19 neu Coronafirws	Covid 19 – A new virus that has been discovered – called Covid 19 or Coronavirus
Apwyntiad – dyddiad ag amser i weld y doctor	Appointment – A time and date to see the doctor.
Cyfnodau – adegau ble mae digwyddiadau’n gallu datblygu a newid.	Phases – A length of time where events can develop and change.
Lefelu’r gromlin - lleihau pa mor sydyn mae’r haint yn ymledu.	Flatten the curve – lessen the rate of infection.
Cyfnod cyfyngu - atal pobl rhag symud er mwyn eu cadw’n ddiogel.	Lockdown – restricting the movement of people in order to keep them safe.
Symptomau - arwyddion corfforol o fod yn sâl e.e peswch, tymheredd, dolur gwddf, cur pen ayyb.	Symptoms – physical signs of being ill e.g. a cough, temperature, sore throat, headache etc.
Cwarantîn - cyfnod ble mae rhywun sydd yn sâl yn gorfod aros i ffwrdd oddi wrth bobl eraill er mwyn peidio ymledu’r haint.	Quarantine – a period of time where someone who has an infection must stay away from others to stop them from spreading the infection.
Twymyn - tymheredd uchel iawn.	Fever – a very high temperature.

Hunan ynysu - aros gartref.	Self isolation - staying at home.
Pellhau cymdeithasol - peidio mynd i weld ffrindiau, teulu na chymryd rhan mewn unrhyw weithgareddau cymdeithasol eraill.	Social distancing - keeping away from friends, family and all other social activities.
Achosion - y nifer o bobl sydd gan neu wedi cael y feirws.	Cases - the number of people who have or have had the virus.
Canolfannau profi - llefydd penodol sydd wedi cael eu sefydlu ble mae pobl yn gallu mynd i gael eu profi am y feirws.	Testing centres - places that have been set up where people can go to be tested for the virus.
Bregus - pobl sydd mewn peryg o gael eu niweidio'n ddrwg iawn gan y salwch e.e. hen bobl, pobl sydd â salwch eraill difrifol ayyb	Vulnerable – people who could be badly harmed by the virus e.g. older people, people who have other serious illnesses etc
Cyflyrau eraill - salwch eraill sydd gan berson yn barod e.e. clefyd y galon, diabetes, clefyd yr arennau, asthma dwys ayyb.	Underlining conditions - other illnesses that a person already has e.g. heart disease, diabetes, kidney disease severe asthma etc.

