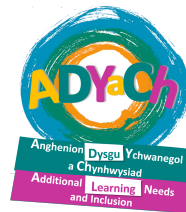


TOILEDU

Syniadau ar gyfer y cartref



Ceisio symud sylw eich plentyn drwy rhoi lluniau hoff gymeriadau eich plentyn ar wal y toiled. e.e Peppa, Minions ayyb. Can hoff ganeuon eich plentyn tra maent ar y toiled.

Canmol yn gyson drwy'r broses er mwyn i'ch plentyn deimlo yn falch ohono'i hun!



Dal ati! -
Bod yn amyneddgar a pheidio â digalonni.

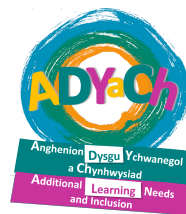


Defnyddio adnoddau gweledol os yn bosib. e.e. start toiledu, lluniau i atgoffa o'r camau

Dathlu llwyddiant gyda sticeri / siart wobrwyo neu unrhyw beth sydd o ddiddordeb uchel i'ch plentyn.

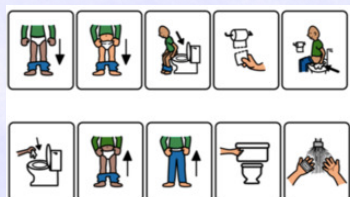
TOILETING

Ideas to try at home

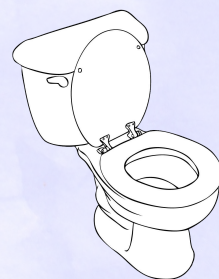


Try and distract your child by placing pictures of their favourite characters on the toilet wall. Sing favourite songs together whilst on the toilet.

Praise throughout the proses in order to develop a sense of achievement.



Keep going! Be patient and don't dishearten.



Use visual supports if possible. For example - toileting chart, visual reminders of the steps.

Celebrate your child's successes with stickers, high 5's, a reward chart - anything that's of high interest to your child.