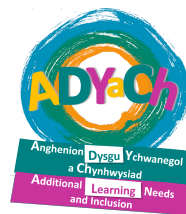


CHWARAE

Syniadau ar gyfer y cartref



Cynnig dau neu dri gweithgaredd neu degan ar y tro. Mae hyn yn rhoi dewis i'ch plentyn heb fod yn ddryslyd.

Ceisio eistedd o flaen eich plentyn er mwyn annog cyfathrebu, a'i wneud yn haws i chi ymuno yn y chwarae.



Ymuno gyda chwarae eich plentyn, yn hytrach na cheisio arwain. Copio ac ychwanegu i chwarae eich plentyn.

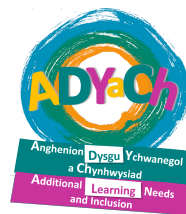


Cadw iaith lafari yn syml gan roi sylwadau ar y chwarae yn hytrach na gofyn cwestiynau. 'Waw tŵr mawr! Crash! Tŵr yn disgyn!'

Gwobrwyo eich plentyn. Defnyddio iaith bositif fel 'Rwyf wedi adeiladu tŵr! Da - iawn ti!'

PLAY

Ideas to try at home



Offer two or three toys your child enjoys. This gives your child a choice without it being overwhelming.

Sit in front of your child so he can look at you, communicate and see what you're doing. This makes it easier to engage in their play.



Join in with what your child is doing, rather than trying to lead the play. Copy what your child is doing and add to their play.



Keep spoken language simple, commenting on what your child is doing rather than asking questions. 'Wow a big tower!' 'Crash! The tower is falling!'

Reward your child. Use praise and positive feedback like 'You've built a tower! Good job!'